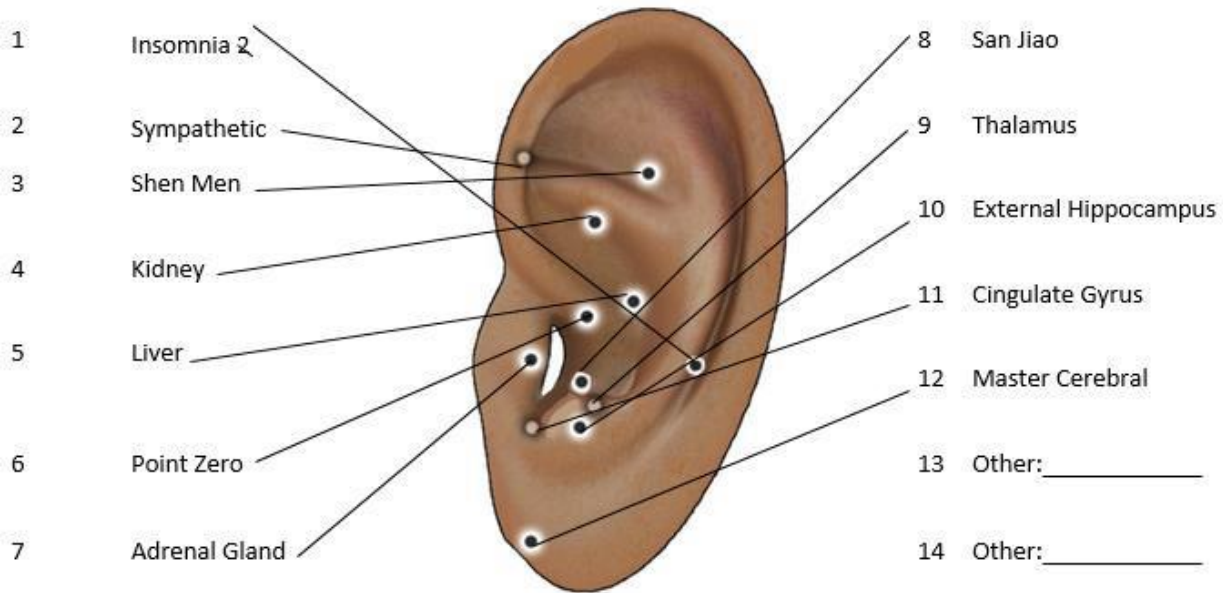


12pts for Restoration and Balance® (12pts4R&B®) Treatment Sheet

See detailed step-by-step instructions on reverse side.



Calibrate Sensation Level Dial on Point Locator to a reading of 100 at Shen Men. Sen level: _____

Eval #	Visits			
Patient Check In: Pre and post treatment, practitioner asks: "When you check in with yourself, on a scale of 0-10, with 10 feeling the most like yourself, or the most like how you would like to feel, how would you rate yourself?"				
12 Points, plus optional auricular points.	Initial Readout Score with Point Locator	Dates for ten treatments with five points that had the highest readout scores	Patient Check-in Score of 0-10	
			Pre Treatment	Post Treatment
1. Insomnia 2				
2. Sympathetic				
3. Shen Men		1. ___/___/___		
4. Kidney		2. ___/___/___		
5. Liver		3. ___/___/___		
6. Point Zero		4. ___/___/___		
7. Adrenal		5. ___/___/___		
8. San Jiao:		6. ___/___/___		
9. Thalamus:		7. ___/___/___		
10. Ex Hippocampus:		8. ___/___/___		
11. Cingulate Gyrus:		9. ___/___/___		
12. Master Cerebral:		10. ___/___/___		
13. _____		After the first 10 treatments with the 5 points that had the highest readout scores, use a new worksheet, retest the 12 points plus any additional auricular points, and identify a new set of 5 points for the next 10 treatments. © Alaine D. Duncan – all rights reserved		
14. _____				

Instructions for 12pts4R&B® Treatment Sequence

1.
Choose an ear for calibration and testing
2.
The Point Locator has a Sensitivity Adjustment Dial. Calibrate the Point Locator Sensitivity such that you receive a Readout of 100 at Shen Men. Record the Sensitivity Level you identified where indicated on the worksheet.
3.
Test each of the 12 points, and 2 additional auricular points if preferred. Record the Readouts for each of the points where indicated on the worksheet.
4.
Identify the five points that had the highest Readouts. These will become the points treated, bilaterally, for the first ten treatments.
5.
At the beginning of each treatment, write the date, and ask the patient the Check-In question indicated on the worksheet. Record the pre-treatment check-in score.
6.
At the end of each treatment, ask the patient the Check-In question indicated on the worksheet. Record the post-treatment check-in score.
7.
After ten treatments, repeat this process, using a new worksheet.