

Section 6: Battlefield Acupuncture

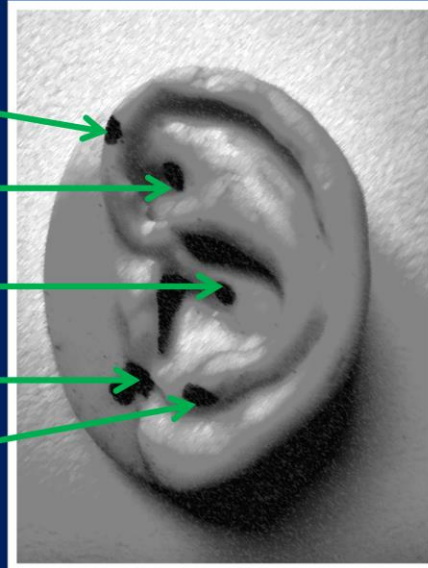
3. Omega 2

5. Shen Men

4. Point Zero

1. Cingulate Gyrus

2. Thalmus



KEY POINTS:

- Battlefield Acupuncture protocol for pain codified by Colonel Richard Niemtzw of the U.S. Air force.
- Uses ASP gold needles (see www.omsmedical.com)
- Start in one ear. Put in the cingulate gyrus point.
- Have the patient ambulate for 2 minutes. If there is no pain attenuation, go to the other ear.
- Again, put in the cingulate gyrus point. Have the patient ambulate again for 2 minutes.
- If there is significant pain attenuation, this is the dominant ear. Proceed to the thalmus point and put in an ASP needle. If the pain attenuates again, continue to the Omega 2 point.
- Continue in this manner until pain is at a level of 0 – 1 on a scale of 10, or all 5 needles are in on one ear. If the pain level is not at a 0 – 1, the second ear may be needed in a similar manner.
- If significant pain reduction is achieved by putting in a gold ASP needle at a particular point on either ear, a second, stainless steel ASP needle may be placed next to the first needle.
- For the complete and correct protocol, please visit Col. Niemtzw's Web site, www.n5ev.com and download two *free* pdfs:
“Battlefield Acupuncture” written in 2007 and
“Battlefield Acupuncture Update” written in 2009

This Website also has information about Col. Niemtzw/s courses.

NOTE: Col. Niemtzw is now leading a 5+ million dollar program to teach medical personnel in the Army how to do Battlefield Acupuncture.

AWB would like to thank Col. Niemtzw for his ongoing support of our work.